



Essential Collection

List of Videos as of 09/23/22; Collection will grow as new titles are added

Note: Video series are listed first, followed by single titles.

Series Name	Name	Therapist	Time (hh:mm)	ID#
3 Approaches to Personality Disorders	Dialectical Behavior Therapy	Marsha Linehan, PhD	1:48	225
Assessment and Treatment of Psychological Disorders	Psychotherapy with the Unmotivated Patient	Erving Polster, PhD	1:21	014
Assessment and Treatment of Psychological Disorders	The Angry Couple: Conflict Focused Treatment	Susan Heitler, PhD	1:13	004
Assessment and Treatment of Psychological Disorders	The Legacy of Unresolved Loss: A Family Systems Approach	Monica McGoldrick, LCSW, PhD	1:26	013
Assessment and Treatment of Psychological Disorders	Time Limited Dynamic Psychotherapy	Hanna Levenson, PhD	1:12	016
Brief Therapy for Addictions	Cognitive Therapy for Addictions	Bruce S. Liese, PhD	1:55	040
Brief Therapy for Addictions	Motivational Interviewing	William R. Miller, PhD	1:43	037
Brief Therapy for Addictions	Stages of Change for Addictions	John C. Norcross, PhD	1:45	038
Child Therapy with the Experts	Cognitive-Behavioral Child Therapy	Bruce Masek, PhD	1:48	051
Child Therapy with the Experts	Gestalt Therapy with Children	Violet Oaklander, PhD	1:47	046
Child Therapy with the Experts	Narrative Therapy with Children	Stephen Madigan, PhD	1:44	055
Couples Therapy with the Experts	Internal Family Systems Therapy	Richard Schwartz, PhD	2:01	116
Family Therapy with the Experts	Bowenian Family Therapy	Philip Guerin, MD	1:59	267
Family Therapy with the Experts	Satir Family Therapy	Jean McLendon, LCSW, LMFT	1:45	162
Family Therapy with the Experts	Structural Family Therapy	Harry Aponte, LCSW	1:56	129
Healing Childhood Abuse and Trauma through Psychodrama	Healing Childhood Abuse through Psychodrama	Tian Dayton, PhD, TEP	1:38	094
Legal and Ethical Issues for Mental Health Professionals: Revised 2020	Legal & Ethical Issues for Mental Health Professionals, Volume 1: Revised 2020	Stephen Feldman, JD, PhD	3:25	058
Legal and Ethical Issues for Mental Health Professionals: Revised 2020	Legal & Ethical Issues for Mental Health Professionals, Volume 2: Revised 2020	Stephen Feldman, JD, PhD	3:35	120
Motivational Interviewing Step by Step	Core Concepts of Motivational Interviewing	Cathy Cole, LCSW	2:16	206
Psychotherapy with Gay, Lesbian and Bisexual Clients	Psychotherapy with Gay, Lesbian and Bisexual Clients 1: Historical Perspectives	Ron Scott, PhD (Series Producer)	0:41	023
Psychotherapy with Gay, Lesbian and Bisexual Clients	Psychotherapy with Gay, Lesbian and Bisexual Clients 2: Individual Assessment and Psychotherapy	Ron Scott, PhD (Series Producer)	0:49	024
Psychotherapy with the Experts	Cognitive-Behavioral Therapy with Donald Meichenbaum	Donald Meichenbaum, PhD	1:50	087
Psychotherapy with the Experts	Existential-Humanistic Psychotherapy	James Bugental, PhD	1:48	062
Psychotherapy with the Experts	Family Systems Therapy	Kenneth V. Hardy, PhD	1:56	064
Psychotherapy with the Experts	Solution-Focused Therapy	Insoo Kim Berg, LCSW	1:55	063
REBT in Action	Coping with the Suicide of a Loved One: An REBT Approach	Albert Ellis, PhD	0:49	114
Strategic Treatment of Anxiety Disorders	Cognitive Therapy for Panic Disorder	Reid Wilson, PhD	1:08	226
Strategic Treatment of Anxiety Disorders	Exposure Therapy for Phobias	Reid Wilson, PhD	2:57	215
The Otto Kernberg Series	Otto Kernberg: Live Case Consultation	Otto Kernberg, MD	2:27	164



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The Zerka T. Moreno Psychodrama Series	Psychodrama in Action	Zerka Moreno, TEP	1:28	017
Treating Alcoholism in Psychotherapy	Treating Alcoholism in Psychotherapy: The Developmental Model in Action	Stephanie Brown, PhD	2:10	005
Understanding Group Psychotherapy	Understanding Group Psychotherapy- Volume I: Outpatients	Irvin Yalom, MD	1:50	008
Understanding Group Psychotherapy	Understanding Group Psychotherapy- Volume II: Inpatients	Irvin Yalom, MD	1:50	009
Using Family Systems Theory in Psychotherapy	Harnessing the Power of Genograms in Psychotherapy	Monica McGoldrick, LCSW, PhD	1:54	219
	Aaron Beck on Cognitive Therapy	Aaron Beck, MD	0:56	213
	Assessment & Psychological Treatment of Bipolar Disorder	Kay Redfield Jamison, PhD	0:52	169
	Becoming a Therapist: Inside the Learning Curve	Erik Sween, PsyD	0:25	125
	Carl Rogers on Person-Centered Therapy	Natalie Rogers, PhD and Carl Rogers, PhD	1:11	204
	Child Therapy Case Consultation	Violet Oaklander, PhD	1:48	188
	Cognitive Therapy for Weight Loss: A Coaching Session	Judith Beck, PhD	1:16	124
	Emotionally Focused Therapy in Action	Sue Johnson, EdD	3:36	178
	Expressive Arts Therapy in Action	Natalie Rogers, PhD	2:34	205
	Irvin Yalom: Live Case Consultation	Irvin Yalom, MD	1:31	011
	Leading Groups with Adolescents	Janice DeLucia-Waack, PhD & Allen Segrist, PhD	2:22	189
	Mindfulness for Life: An Interview with Jon Kabat-Zinn	Jon Kabat-Zinn, PhD	0:44	221
	Positive Psychology and Psychotherapy	Martin Seligman, PhD	1:26	057
	Psychotherapy for Chronic PTSD	Frank Ochberg, MD	2:48	197
	Resolving Trauma in Psychotherapy: A Somatic Approach	Peter Levine, PhD	3:20	123
	Salvador Minuchin on Family Therapy	Salvador Minuchin, MD and Jay Lappin, MSW, LCSW	1:22	185
	Suicide & Self-Harm: Helping People at Risk	Linda Gask, MD	1:32	043
		Total:	89:32	

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